



MISSION VIEJO REPORTER

NEWS FROM THE MISSION VIEJO HOMEOWNERS' ASSOCIATION INC.

Vol. 01 No. 07

July 2008

Circulation: 2000



Mission Viejo Interdependence Day 2008

Mission Viejo Park

Friday, July 4th, 2008 from 10:00 a.m. – 1:00 p.m.

Free food & fun – Please join us and meet your neighbors!



- Join our Patriotic Parade lineup at 10 a.m.
- Decorate yourself, your bike or wagon and your pet.
- Prize ribbons will be awarded for each category.
- BBQ lunch will be served to the first 500 residents.
- Cash donations appreciated to offset costs of the event.
- Please bring a dessert to share.
- Games and demonstrations will be set up following the parade until 1 p.m.
- Bring a blanket or chairs and shade.
- Plan to stay and enjoy and find out what's happening in your neighborhood – let's keep Mission Viejo a wonderful place to live!

Together, we can make a difference.

This year's Gold Sponsors are:

- Mission Viejo HOA
- Cheri Long – Weichert, Realtors – Unique Homes
- Bob Broom – Aurora City Council
- Committee to Elect Tom Tobiassen to RTD Board
- Cherry Glenn HOA
- Mission Viejo Veterinary Hospital
- Trinity Baptist Church
- Heinz Foods
- Patrick Pogue – Edward Jones Investments
- SPCS Inc. – General Contractor
- NewDay Church – Big Toys
- Holy Love Lutheran Church

And a very special thanks to all your Mission Viejo neighbors who volunteer their time to make this event possible!

Without Delay, Sign Up for the Mission Viejo Trash Program!

We need you to sign up for the trash program now. Waste Advantage has asked us to set **July 7** as the deadline for this program to become a reality. They need have your contact information by that date in order for them to have enough time to process billing statements and to set up residents to the program. We are still far from our goal of having 400 residents signing up to the program so we need you to sign up today, even if you can not start service on August 1 or you do not reside in filings 1, 2, 12, 15 or 16. **All residents in Mission Viejo regardless of start date or filing area must sign up to the program by July 7.** Its easy: sign up by printing a form from our website and mail or fax it in, or drop off a completed form at our P.O. box

(#110) located in the UPS Store at 4255 S Buckley Road, Aurora, CO 80013-2951 in the Quincy Place Shopping Center (just north of King Soopers).

This program includes "single stream recycling". This provides you, the homeowner, with the opportunity to put all your recyclables together into the same labeled container of your choice. Recyclable items still must be separated from your regular household trash, but

you do not have to separate paper, bottles, cans and other items. Recycling will be picked up every other week along with your regular trash pick up. Why not join your neighbors in the Mission Viejo Trash Program? There are no other hidden costs or extra fees. If we reach our targeted goals, a very small portion (\$2 a month) of your trash fee will help support the

Mission Viejo HOA. After we have approximately 600 residents active in the program, we will not have to rely on any specific requests for dues as your participation in the program will entitle you to membership in the Association.

The Association is the only organization dedicated to your neighborhood, representing your interests. We plan to continue to be

continued on page 2

SIGN UP TODAY!!

Next HOA Meeting
Third Tuesday
July 15th • 6:30 p.m.
Mission Viejo Library
Everyone is Welcome!



Trash Program, *continued from front page*

active in affairs that relate to our neighborhood, from major improvements to city maintenance issues. With a steady income we can continue to give you a neighborhood newsletter every month, support neighborhood events like the 4th of July celebration, host community garage sales, block parties, best yard awards, scholarship programs for the children in our neighborhood, support various school functions, organize clean-up days and pay for maintenance of our perimeter areas around the neighborhood.

As an incentive for you to join right now we are offering a voluntary **FREE** 3-month membership to *MakeItMe* – an online fitness incentive program. Their web site is www.MakeItMe.net.

Rewards in the program include: Movie Tavern passes, miniature golf at Kennedy golf course, bowling at Brunswick Bowl, a meal from Supper Solutions, etc. The Mission Viejo HOA would like to hear from you even if you don't want to participate.

July 7th is just around the corner! Please sign up NOW for a great program that will help support a great neighborhood.

— Todd McMahon, Mission Viejo HOA President

"Balance is a myth. You just deal with the crisis of the moment. So if something is due on Friday, I have it done by Wednesday, because fevers and head lice can happen on Thursday."

—Heidi B. Hammel

Sign up Today for the Mission Viejo Trash Program!

Sign up on the Web or Use This Form

DEADLINE: July 7th



Service Information

First Name: _____

Last Name: _____

Street Address: _____

City, Zip Code: _____

E-mail Address: _____

Phone #: _____

Rate Per Mnth \$16 / Rate Per Qtr \$48

Start Date (Month/Year): _____

Comments: _____

Mail this form to: Waste Advantage Inc.
1970 S. Valentia St. Unit E, Denver, CO 80231

Fax it to: Waste Advantage at 303-695-6742

Drop it off: In an envelope (postage-free) at the
Mission Viejo HOA mailbox (#110) in the
UPS Store located at 4255 S. Buckley Road,
Aurora, CO 80013-2951 in the Quincy Place
Shopping Center (just north of King Soopers).

Mission Viejo HOA Board of Directors



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president@missionviejohoa.org

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webmaster@missionviejohoa.org

MISSION VIEJO HOMEOWNERS ASSOCIATION, INC.
4255 S. Buckley Road, #110
Aurora, CO 80013-2951

COMMITTEES

Mission Interdependence (4th of July) Day Committee
Lori Underwood, loribellej@gmail.com

Neighborhood Watch
Tom Tobiassen, neighborhoodwatch@missionviejohoa.org

Website
www.missionviejohoa.org

The *Mission Viejo Homeowners' Association Inc.* is a state non-profit organization. The purpose of the Mission Viejo HOA is to unite the unit owners of the Mission Viejo subdivisions in Aurora, Colorado; to encourage civic improvements within said area, to encourage community activities including, but not by way of limitation, the beautification, maintenance, and general appearance of vacant and improved lots, streets, parkways, entrances, open and recreational areas situated within the area and used in common by its residents; enhance the safety of Mission Viejo; facilitate enforcement of any and all building restrictions, protective covenants, and to otherwise act in the interests of the members of the Association.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except the Jan. issue which is Dec. 6th. **All articles must be approved by the editor for publication, or as space permits.** To submit an article, e-mail an attachment to Todd McMahon at president@missionviejohoa.org. All letters or articles need to include your name and daytime phone number. All articles must be approved by the Board for publication, or as space permits.

To place an ad, call Colorado Lasertype, **303-979-7499** or e-mail getinfo@ColoradoLasertype.com • ColoradoLasertype.com

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Nontraditional Activities Keep Kids Out of Trouble

A recent study conducted by Northeastern University researchers has found that nontraditional extracurricular activities for teens specific to each gender provided a higher degree of protection against juvenile delinquency than traditional extracurricular activities for each gender. A nontraditional activity for a girl might be considered sports, the researchers indicate; a nontraditional activity for a boy might be attending church. Extracurricular activities can help teens deal more positively with unstructured time and give them an incentive to conform and form attachments to others in their communities and schools.

Dump the Pump: Options for Mission Viejo Residents to Save Gas Money

With gas going over \$4.00 per gallon, our transportation expenses are going through the roof. A few of our neighbors have opted to leave the SUV home more often by taking the bus and light rail to work. The bus and light rail options are seeing a significant increase in ridership over the last year and that trend is expected to continue. If you have never taken a bus or light rail, here are a few tips to get you on track to save money.



To travel from Mission Viejo to your destination, first visit the RTD web site at www.rtd-denver.com. The RTD web site is a wealth of information for getting around the metro area on transit. The more you know, the easier your travels will be.

Your first stop on the RTD web site should be the "Trip Planner" located on the top of the site. Enter your starting destination cross streets and let the planner select possible route options for you. With the bus and light rail route numbers and times provided, visit your local King Soopers and pick up the RTD tickets from the service desk. Purchasing books of 10 tickets or monthly passes at King Soopers can save you extra money. The "Fares and Passes" section of the website will you purchase the right passes for your trip. Another useful page on the website is the "How to Ride" section. There you will find hints and tips for everything from Access-a-Ride to Bike-n-Ride and more.

Give the bus and light rail a try. Bring a book, sit back and leave the driving to the professionals at RTD.

Call **Tom Tobiassen** with bus and light rail questions or suggestions at **303-699-9260**.

— Tom Tobiassen,

**Mission Viejo Neighborhood Watch Coordinator and
Candidate for the RTD Board of Directors**

*"There is something that is much more scarce,
something finer far, something rarer than ability.
It is the ability to recognize ability."*

—Elbert Hubbard

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Membership Campaign

The Mission Viejo Homeowners' Association, Inc. would like to **thank you** for the continued support of your neighborhood homeowners' organization. The HOA has been very busy this year rebuilding the organization by launching our trash program, organizing our community garage sale, producing and distributing a monthly newsletter, helping with our 4th of July celebration, commenting on future flight changes from Centennial Airport, monitoring and voicing our concerns about the change of ownership to our recreation center, etc.

If our trash program becomes a reality, and until we reach at least 600 participants in the program, we will continue to ask for your financial support. So if you haven't done so, please join us by sending your voluntary dues of only \$50 per household, per year. Mail or drop off your payment today to:

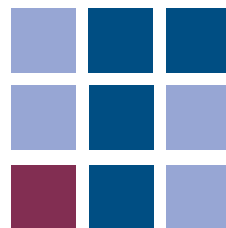
Mission Viejo Homeowners' Association, Inc.
4255 S. Buckley Road, #110 Aurora, Co 80013-2951

or use our on-line dues payment option at http://www.mission-viejohoa.org/pay_dues_on-line.htm

Help us to ensure our new projects continue. Any and all contributions are greatly appreciated. **Thank you!!**

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What is the Latest "Buzz" in the Neighborhood?

When **Don and Connie Bays**, residents of Mission Viejo on South Joplin Street, saw the round basketball shaped object in the tree in their front yard at the end of May, they knew exactly what it was. Last spring they had seen the exact same thing, only larger, in their back yard. At the time, they did not know what it was. Unfortunately, by the time they found out, the honeybees had already headed down Loyola Drive and disappeared from sight. After this event, the Bays family met Betsy, the beekeeper.

Did you know that spring is the time of year that natural bee hives get crowded, so the old queen leaves with about one half of the population of the hive to find a new home? There can be up to 80,000 bees in one hive, so there could be 40,000 bees in a swarm. The swarm in the Bays' yard was from the bees that live in the eaves of their house by the attic. Betsy thinks that the swarm that the Bays saw this year probably returned to the hive, since usually a swarm only leaves the hive every other year. Betsy advised them to leave the hive alone because they really are not hurting anything and the hive will probably not ever grow to be any larger.

The bees in the hive know when the queen is getting older, so they take some of the eggs the queen has laid and feed them royal jelly. From these eggs, new queens hatch. Eventually the old queen will die, and if they have not replaced the queen, the entire hive will die. When you see a swarm, do not be alarmed! Usually the bees in a swarm are full of honey and quite gentle. They are not very likely to sting when they are swarming, but you should still treat a swarm with caution. Usually, within 24 hours the

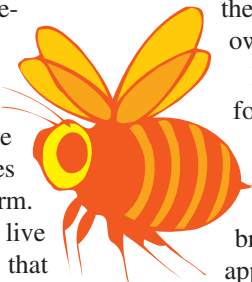
swarm has found a new home. This can be a hollow tree, an empty beekeeper's hive or a hollow wall.

You probably wonder how you will recognize a swarm of bees. It looks like a big brown basketball. The honeybees are little furry brown bees. They are not bright yellow and black. Now you are probably wondering what you would do if you saw a swarm of bees. Mission Viejo residents are very lucky because the beekeeper that advised the Bays family lives right in our own neighborhood. Her name is **Betsy Contreras**.

Betsy has not always been a beekeeper. She was in retail for about 29 years. Only in the last five years has she become a beekeeper. She now divides her time between beekeeping and helping her elderly parents, who also live in Mission Viejo. Her first location for hives was her brother's ranch in Larkspur. Since his last name is Fox, she appropriately calls her business Betsy's Bees at Fox Ranch. Besides the bee hives in Larkspur, Betsy also has hives in Elizabeth and in backyards throughout Aurora, but she has none in her own yard. In total she has about 20 hives.

Her operation is a small honey operation and is totally hands on, all done by Betsy. Spring is the time of year when bees start producing honey. Betsy's bees have two boxes that they fill full of honey first. This honey is what the hive lives on. When the box is full, the bees seal it off with wax and save it. One hive of bees can eat between 120 and 200 pounds of honey a year. When the bees' two boxes are full, Betsy adds a box to the hive and they fill that with honey. After that honey box is full, she adds another. The amount of honey depends on the weather and the amount of

continued on page 5



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What is the Latest "Buzz" in the Neighborhood?, *continued from page 4*

precipitation that we have been having and the number of flow-ers that are growing. Honeybees have two stomachs and in order to fill their honey stomach they must visit between 100 and 1500 flowers. When the honey stomach is full it weighs about the same amount as the bee itself. On average, a colony will produce about 80 pounds of surplus honey a year.

Betsy makes many products with the honey she harvests from her bees. She makes quite a variety of products in her special commercial kitchen in Elizabeth. She makes and bottles liquid honey, creamed honey, honey butter, honey fudge, and when the Colorado fruits come in she makes many jars of honey fruit jam. Some of her favorite kinds are: Bing cherry, apricot, peach and pear. You can find Betsy at the Farmer's Market at Southlands from May to October.

Most importantly, if you ever see a swarm of bees in the spring, be sure to call Betsy. There is a saying among beekeepers: "A swarm in May is worth a bale of hay. A swarm in June is worth a silver spoon. A swarm in July isn't worth a fly." This is because the swarm will not have enough time to make the honey it needs to survive through the winter.

If Betsy gets a call in the spring, she will vacuum the bees up with a special vacuum cleaner and take them to a new hive. This is particularly important because there is a bee shortage in the United States due to "Colony Collapse Disorder". It is estimated that one third of all colonies in the country have disappeared. This is alarming because bees pollinate one third of the crops in the United States. Scientists are studying this phenomenon and trying to discern the cause. They believe that a combination of factors could be making the bees sick, including pesticide exposure, an

inadequate food supply, and a new virus that targets bees' immune systems. Because the bees are disappearing, 15 billion dollars worth of crops are at risk. You can keep bees healthy by making your yard and garden colorful, diverse and pesticide free.

If you have bees in your home, you will need to call someone other than Betsy. It is important not to kill the bees if they are in your attic because without the bees the wax will melt and honey will be dripping down your walls. There are specialists that deal with bees in houses and this is usually an expensive proposition! Mission Viejo is lucky to have someone like Betsy living right in our own neighborhood!

— Elaine Lay, Mission Viejo HOA Secretary

Will You Please Grow Down?!

By the time most of us are adults, we've unfortunately learned to suppress our natural joy and creative spirit. Getting back to that innate capacity is the key to tapping your innovative output, says creativity and breakthrough ideas expert Joey Reiman (www.thinkbrighthouse.com).

Think about it. If you ask children to dance or draw a picture, they'll most likely do it. But ask the same of folks over 40 and you'll no doubt get a look and maybe a choice comment. If you want to improve your creativity, you have to reconnect to that part of yourself you've shut down merely because you've become a grown-up.

"Grow down," Reiman advises.

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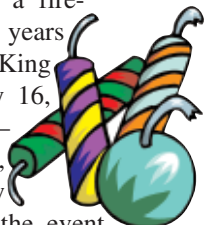
Putting Pedal to the Metal Will Cost You

Aggressive driving will cost you—at the gas pump. Speeding, rapid acceleration, and last-minute braking can lower your gas mileage by 33 percent when you're driving at highway speeds. For each 5 M.P.H. that you drive over 60 M.P.H., you'll be paying about 20 cents more per gallon.

—www.fueleconomy.gov

Fireworks Fiasco

The biggest disaster connected with a fireworks display took place well over 200 years ago. As part of the marriage celebration of King Louis XVI to Marie Antoinette on May 16, 1770, a fireworks display was planned—which proceeded successfully. However, there was no apparent plan in place for how the thousands of spectators would exit the event afterward. As a result, a stampede occurred in which at least 132 people were believed to have died when they tried to leave what is today the Place de la Concorde.



Unimaginable Heights

Most tsunamis never reach an onshore vertical height of more than 100 feet above sea level. But on July 9, 1948, in Lituya Bay, Alaska, a tsunami triggered by a landslide in a bay on Alaska's coast reached over 1,700 feet. It is the largest recorded tsunami in history. In comparison, the North Tower of the World Trade Center was 1,368 feet high.

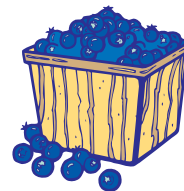
Is Your Boss Micromanaging You?

A good boss looks at employees as people who are willing to work and are competent, says Patricia King in *Never Work for a Jerk!* (Barnes & Noble). Good bosses build on the natural desire of employees to do a good job and take pride in it. Bad bosses see their employees as lazy, uncaring, and unable to think for themselves. These micromanagers watch over their employees with an eagle eye, check and recheck everything, often making arbitrary and capricious changes. They believe they have to do this because they are the only ones truly capable of doing what needs to be done well. Here are two tips for dealing with micromanagers:

- Don't try to change your boss's personality. Most people who behave this way do so out of insecurity. This is a psychological roadblock that you'll not likely have much of an impact on.
- Don't succumb to insults or threats. If you do, they won't go away. You'll start a pattern of interaction that will be tough to change later. Stand your ground, do your job, and don't lose your temper. It might help to keep in mind that you are merely a victim of convenience for a boss like this. If you weren't the one on the receiving end, someone else would be found to fill the role.

National Blueberries Month

July is the peak month for fresh blueberries. For more information, visit www.nabcb blues.org.





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Most Kids Want to Study Abroad— But Most Don't Go

Despite tumultuous international events, 55 percent of college-bound students say they are either certain or fairly certain that they will study abroad, a recent survey by the American Council on Education, the Art & Science Group, and the College Board has found. Other findings of the study:

- In 2007, 35 percent of college-bound high school students intended to seek internships abroad.
- Thirty-seven percent said they were interested in gaining work experience in another country.
- Of students planning to study abroad, 70 percent plan to either become proficient in a second language or learn at least enough to converse comfortably with others in that country.
- Sixty-one percent of the survey participants said they had traveled in another country with their families; 31 percent had an immediate family member from another country who had moved to the United States; and 26 percent said that English is not the primary language spoken in their homes.



These numbers suggest that this generation understands the need for cultural awareness as they become members of the global economy. Yet while the majority of students enroll with the expectation of studying abroad, in reality only 5 percent actually do during their college years. Says Richard Hesel of the Art & Science Group: "It is critical for colleges and universities to carefully examine their own international study practices, policies, and programs to minimize the financial, academic, or other barriers that undermine students' ability to study abroad."

*"The reason why worry kills more people
than work is that more people worry than work."*

—Robert Frost

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Help the Planet—and Your Cash Flow

Water conservation is critical to help meet the future needs of communities, and to lessen the strain on our fragile ecosystems. A little water conservation at home can also save you some cash. Here are 12 ways you can reduce water consumption in your life, as recommended by SmartIrrigation.org:

- Don't let the water run when rinsing your dishes. Fill one sink with wash water and one sink with rinse water.
- Adjust your sprinklers so they're watering your lawn—and not the sidewalks, fences, or street.
- Run your washing machine only when it's full. This can save up to 1,000 gallons of water per month.
- Use your garbage disposal sparingly. Compost instead.
- Water your lawn and garden in the morning or evening when it's cooler to minimize evaporation.
- Wash fruits and vegetables in a pan of water instead of under running tap water.
- Use organic mulch around plants to retain moisture.
- Use a broom instead of a hose to clean your driveway.
- Shorten your shower time by just one or two minutes to save up to 150 gallons of water per month.
- Put food coloring in your toilet tank. If you see it seep into the bowl without flushing, you've got a leak. Fix it and you can save up to 1,000 gallons of water per month.
- Turn faucets off tightly after each use.
- Designate one glass for drinking water all day to reduce the number of glasses that need to be washed.

Using What Life Gives You

As 21-year-old Jeanne Boylan headed to her car one night after a college class, she was attacked and abducted. It was a terrifying experience that would haunt her—and ultimately help others—the rest of her life.

When she told police what had happened, she got the impression the officers were asking only the questions they needed to in order to complete and file the report. Two years later, Boylan ended up working at a local sheriff's office in a pilot program as a civilian criminal investigation assistant. She was to conduct follow-up interviews with crime victims—and not surprisingly she listened very closely to what they were saying. She noticed that composite sketches made by police artists were missing vital information. Not because the artists didn't listen to the victims, but because the victims were offered a slim menu of options with which to describe the criminals. With this cookie-cutter method, criminals were bound to look alike and dodge identification. Boylan made suggestions, but the psychology-based approach she proposed was unconventional, time-consuming, and put her job in jeopardy.

Eventually, out of frustration and a desire to help, Boylan became a sketch artist herself, asking victims the kinds of questions that would help them remember not only their emotional responses to the event, but remember specific features and expressions they could describe. During her many years of professional service, Boylan has become known for creating sketches that capture criminals' likenesses to a T, and has participated in some high-profile investigations, including those for the Oklahoma City bombing and the Unabomber.



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Cheri A. Long
 c: 303-263-2072
 o: 303-302-4000

www.CheriLong.com

email: Cheri@CheriLong.com

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