



MISSION VIEJO REPORTER

NEWS FROM THE MISSION VIEJO HOMEOWNERS' ASSOCIATION INC.

Vol. 01 No. 08

August 2008

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A Special Thank You From the 4th of July Event Coordinator

I want to sincerely thank those of you who volunteered to help with the 5th annual Mission Viejo Interdependence Day Event. It was a fantastic day because of volunteers like you who desire to make a difference in our community. I can't thank you enough for donating your time and talents to make the day such a success.

Also, heartfelt thanks to the many businesses and individuals who provided the financial support necessary to make this event possible....our community is grateful to you!

To all who participated, thanks for making this one of the best July 4th celebrations Mission Viejo has ever experienced! The effort you put into being patriotic for the parade was outstanding – congratulations! As a community, we need to support our HOA as they have been a tremendous supporter of events such as this that are of such great benefit to our community.

If you would be interested in discussing ideas for future events, feel free to email me at: loribellej@gmail.com. —Lori Underwood, Mission Interdependence Day Event Coordinator

All photographs courtesy of Christine Zippis



A Great 4th and The Mission Viejo Trash Program is Now Set to Begin!!

This past Fourth of July was spectacular. I have been told that Mission Viejo's 4th of July celebration is the largest neighborhood celebration in the city. Over 500 people were in attendance, and there were lots of food, demonstrations and community booths throughout Mission Viejo Park. Thank you to all who participated and helped out in this event! If you would like to help plan next year's event please let us know.

The other important news this month is we are proud to now offer our trash program to the entire neighborhood. The Mission Viejo HOA, acting in the best interest of the community, negotiated an amendment to our contract with Waste Advantage Inc. Since we did not meet our initial density requirements for filings 1,2,12 and 16, the

HOA was faced with three options: 1. to abandon the program, 2. to expand the geographic extent of our density goals to the whole community or 3. raise the price of the program.

The Board chose option number two. The Board strongly believes that this program can greatly help our community, and we believe that residents will benefit from our partnership with this customer-friendly trash company. So the Mission Viejo HOA negotiated with Waste Advantage to expand the geographic extent of the program to the entire neighborhood. In return, the HOA raised our limit of 400 homes in the program to 500 homes in the program before the HOA receives its \$2 return, keeping all other aspects of the original

proposed program intact, including the \$16 a month price structure. We believe once residents begin this program, others will soon join and our targeted goals should be easily reached. With this new negotiated agreement, the Mission Viejo trash program is now a reality!!!!

continued on page 2

Next HOA Meeting
Third Tuesday
August 19th • 6:30 p.m.
Mission Viejo Library
Everyone is Welcome!

It Takes a Neighborhood

Mission Viejo residents now have the opportunity to choose Waste Advantage as their trash service. In doing so, they will select a trash service that will not only be an excellent service, but it will also provide benefits to our neighborhood. This did not happen without effort. There were a number of dedicated volunteers who helped with a door-to-door campaign to inform residents in five filings about the new trash service.

We would like to thank these volunteers for their help: **Todd McMahon, Elaine Lay, Alan Engels, Troy Haller, Ron Costa, Dave Raemer, Barb Ferris, Brenda Tompkins, Debbie Ostermiller, Ron Dunlap, Bob Broom, Barb Wall, Ken Gehant, Sandy Weiner, Nancy Miani and Mary Ushiyama.** Without their dedicated efforts we would not have Waste Advantage providing service for our neighborhood.

However, our work is not finished. We need to have at least 500 residents using the trash service to realize any financial benefit to our neighborhood. In order to accomplish that goal, there are 1,300 more homes to visit in the rest of the filings to inform them of the opportunity to sign up for Waste Advantage. If you are able to help with this task, please call: **Elaine Lay** at 303-699-0657 or email Elaine at elainelay@comcast.net.

Who Pulled the Weeds??

The weeds along Hampden and Chambers miraculously disappeared on July 14 and July 15!! The HOA Board wants to say a big "thank you" to the person or persons who took the time to get rid of the weeds. It looks great!!!

**Sign up Today
for the Mission Viejo Trash Program!**
Sign up on the Web or Use This Form



Service Information

First Name: _____

Last Name: _____

Street Address: _____

City, Zip Code: _____

E-mail Address: _____

Phone #: _____

Rate Per Mnth \$16 / Rate Per Qtr \$48

Start Date (Month/Year): _____

Comments: _____

Mail this form to: Waste Advantage Inc.
1970 S. Valentia St. Unit E, Denver, CO 80231

Fax it to: Waste Advantage at 303-695-6742

Drop it off: In an envelope (postage-free) at the
Mission Viejo HOA mailbox (#110) in the
UPS Store located at 4255 S. Buckley Road,
Aurora, CO 80013-2951 in the Quincy Place
Shopping Center (just north of King Soopers).

Mission Viejo HOA Board of Directors



Todd McMahon, President
303-817-6932

president@missionviejohoa.org

Troy Haller, Co-President
co-president@missionviejohoa.org

**Alan Engels,
Vice President and Treasurer**
vicepresident@missionviejohoa.org
treasurer@missionviejohoa.org

**Elaine Lay,
Secretary**
secretary@missionviejohoa.org

**Ron Costa,
Assistant Secretary**
assistantsecretary@missionviejohoa.org

General Questions
webmaster@missionviejohoa.org

MISSION VIEJO HOMEOWNERS ASSOCIATION, INC.
4255 S. Buckley Road, #110
Aurora, CO 80013-2951

COMMITTEES

Mission Interdependence (4th of July) Day Committee
Lori Underwood, loribellej@gmail.com

Neighborhood Watch
Tom Tobiassen, neighborhoodwatch@missionviejohoa.org

Website
www.missionviejohoa.org

The *Mission Viejo Homeowners' Association Inc.* is a state non-profit organization. The purpose of the Mission Viejo HOA is to unite the unit owners of the Mission Viejo subdivisions in Aurora, Colorado; to encourage civic improvements within said area, to encourage community activities including, but not by way of limitation, the beautification, maintenance, and general appearance of vacant and improved lots, streets, parkways, entrances, open and recreational areas situated within the area and used in common by its residents; enhance the safety of Mission Viejo; facilitate enforcement of any and all building restrictions, protective covenants, and to otherwise act in the interests of the members of the Association.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except the Jan. issue which is Dec. 6th. **All articles must be approved by the editor for publication, or as space permits.** To submit an article, e-mail an attachment to [Todd McMahon](mailto:ToddMcMahon@missionviejohoa.org) at ToddMcMahon@missionviejohoa.org. All letters or articles need to include your name and daytime phone number. All articles must be approved by the Board for publication, or as space permits.

To place an ad, call Colorado Lasertype, **303-979-7499** or e-mail getinfo@ColoradoLasertype.com • ColoradoLasertype.com

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"One learns in life to keep silent and draw one's own confusions."

—Cornelia Otis Skinner

Trash Program Begins, continued from front page

Now is the time to join your neighbors in this community program. The single greatest asset we can provide to our residents is our collective buying power. Please join the program today! It's good for the environment, good for your family's budget and good for the neighborhood. Sign-up today!! We are also looking for volunteer ambassadors to help spread the word to all areas of Mission. Please let us know if you can help us out. Thank you.

— Todd McMahon, Mission Viejo HOA President

Thank You, Mary Ann

In July of 2007 the Mission Viejo community lost one of its members, who, with her husband, **Ed** and some neighbors, worked tirelessly to improve the community in which she lived. **Mary Ann Lewis** lost her fight against ovarian cancer in July 2007. Mary Ann loved her family, friends, life, and flowers, and she spent her time caring for the world in which she lived. Working on her own, or joining forces with Mission Possible or members of the MV Garden Club, she and her husband, Ed, planted, weeded and picked up trash along Mission Viejo streets, boundaries and parks.

She also spent many hours volunteering at the Plains Conservation Center. When you visit the Plains Conservation Center, be sure to read the poem written by Ed on the plaque next to one of the four benches he donated in her memory. The poem, "Mary Ann's Song" ends with the words: "I am protector of this beautiful land, And, I hope, you too will lend a hand."

One of the most beautiful displays of flowers in MV can be seen on East Milan Drive. This partially xeriscaped yard was created by Mary Ann and Ed, about seven years ago, with the help of their son, Michael. The Lewis family have lived in Mission Viejo since 1983. If you are walking by and see Ed, he gives a wonderful tour of the gardens that he enjoys so much. In a letter of condolence to her family Governor Bill Ritter wrote: "Mary Ann was a valued member of our community and a great friend to the environment. Her desire to make a difference in the way we looked at and preserved our natural beauty was admired and respected by many."

Plans are underway to honor Mary Ann at the community event in Mission Viejo Park on August 29. At that time, a memorial bench will be placed in the park near the flowers that Mary Ann helped to plant. The bench will be installed and maintained by the city of Aurora Commemorative Park Bench Program. Contributions for the bench are still needed. They may be deducted as a charitable contribution for tax purposes. Contributions can be made at any Wells Fargo bank: Routing #102000076, Account # 1379700006, or mail checks made out to the "Mary Ann Lewis Memorial Fund" to Dana Smith at 25036 E. Plymouth Circle, Aurora, CO 80016. It will be a lasting and fitting tribute to a person who gave so much to the community that she loved.



— Elaine Lay,
Secretary
Mission Viejo
HOA

Music in the Park - Celebration August 29th

Join us for a special end of summer "thank you" concert, Friday August 29 at 6 p.m. in Mission Viejo Park to listen to the Aurora Symphony Orchestra Brass Quintet. This will be a non-amplified music event. The HOA considers this as a special thank you celebration for all who have signed up for the Mission Viejo Trash Program and all who have volunteered their time and supported our efforts to make Mission Viejo a great community. Everyone in the neighborhood is welcome. Please join us. Bring a blanket, chairs and a picnic and enjoy some great music!



"Time is free, but it's priceless. You can't own it, but you can use it. You can't keep it, but you can spend it. Once you've lost it you can never get it back."

—Harvey Mackay

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Ovarian Cancer Awareness March-September 5

By Jenny Davies-Schley

Long-time resident, board member and activist for Mission Viejo, **Ed Lewis** is helping to organize an Ovarian Cancer Awareness March on Friday, September 5th at Civic Center Park.

Like most women with ovarian cancer, Ed's wife, Mary Ann, was diagnosed at a late stage—after two years of doctors' trying to determine what was ailing her. After another two years of struggling with the dangerous disease, she died in July 2007.

Now Ed is a board member of Colorado Ovarian Cancer Alliance (COCA), a statewide, nonprofit organization that educates Coloradans about ovarian cancer risks, symptoms and the importance of early diagnosis; provides support for women with ovarian cancer and their families; and advocates for research and improvement of ovarian cancer diagnosis and treatment.

Ed is eager to alert women and their families that the key to surviving ovarian cancer is early detection. Identifying the four classic symptoms—and then reporting them to a gynecological oncologist or a gynecologist immediately — is the best way for women to detect ovarian cancer at earlier stages. These symptoms are:

1. Bloating
2. Abdominal pain
3. Eating difficulty
4. Urge to urinate frequently

Ovarian cancer is deadly, and is a much-misunderstood disease:

- It's NOT rare—20,000 American women and 330 Coloradoan women are diagnosed every year.
- Annual pap exams do NOT screen for this cancer—only on very rare occasions do ovarian cancer cells show up on

a pap smear

- It's often NOT caught early—81% of women are diagnosed at late stages.
- When it is caught in early stages, the survival time and quality of life is very significantly improved.

COCA is organizing the Ovarian Cancer Awareness March as part of national "Teal Day," a day when survivors, friends, family and supporters draw attention to ovarian cancer across the country. Their goal is to make sure every person can be advocates for themselves, their mothers, their aunts, their daughters and their friends if faced with ovarian cancer—and that there are adequate funds for research for this deadly and dangerous disease.

An estimated 300 women, men and children will gather at the west end of Civic Center Park and march to the west steps of the Capitol, where Channel 7's **Bertha Lynn** will emcee a program to raise awareness about ovarian cancer risks and symptoms, and advocate for more national and state ovarian cancer research funding. Please join COCA on September 5th at 11:30 a.m. to honor not only Mary Ann and Ed, but also the thousands of Coloradoans struggling with this dangerous and misunderstood disease. For more information, please go to www.colorado-ovarian-cancer.org.

August 5: National Night Out

This marks the 25th anniversary of this event created to promote police-community partnerships and encourage everyone to help fight crime. For more information, visit www.national-nightout.org



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Annual Voluntary Dues Drive: Help Keep Mission "A Great Place to Live"

Your homeowners association continues to work to meet our financial obligations to provide its homeowners with the best return for each dollar the organization receives.

No individual letters requesting homeowner contributions will be sent by mail. The mailing of individual notices would cost in excess of \$1,000 per mailing. We have opted, instead, to use the newsletter for our annual appeal. As a result, the organization will save thousands of dollars in mailing costs that can be used to fund the newsletter for several months. We hope this meets with your approval and satisfaction.

Your continued support through an annual contribution, suggested at \$50 per household, helps to fund legal advice, insurance for your voluntary board members, as well as volunteers working with the HOA with events like area clean-ups and the Interdependence Day Celebration. It covers the costs of mailing and distribution of newsletters, annual meeting notices, our online venue: WWW.MISSIONVIEJOHOA.ORG, our PO Box at the UPS Store, storage facility that maintains organization records, holiday lighting, and other signage. We would like to continue offering these benefits and more, but need your continued support to do so.

Volunteers are working hard to inform residents of the Single Source Trash Agreement with Waste Advantage that will aid in our organization's funding for the future. However, we have yet to reach our minimal goal for the program. We hope it will eliminate the need for an annual contribution drive but need your continued support during this transition. We are aware that some residents are not interested in joining the trash program but would like to continue to support the organization. We appreciate your

contributions and ask that continue your financial and physical support.

We recognize residents are dealing with ever increasing fuel and energy costs; however, 14 cents per day, per resident, enables us to operate toward the best interests of the community and help support everyone's property values. We would appreciate any donation you can make to support the only organization that operates in the interest of Mission Viejo homeowners. We would like to thank everyone who has already made their 2008 voluntary dues donation; we truly appreciate your support. If you haven't done so already, please make your contribution today.

We have made it convenient for residents to make a donation by check or credit card. You can send or drop off your check at the UPS Store, just north of King Soopers at Buckley and Quincy (4255 S. Buckley Rd. Box 110, Aurora, CO 80013) or visit our web page to make a credit card payment through PayPal.

— Alan Engels, Vice President and Treasurer:
Mission Viejo HOA

Aurora Symphony Orchestra Is Looking For Your Opinion

Please help the Aurora Symphony Orchestra (ASO) by taking part in two on-line surveys. In return for submitting your survey with all questions completed, the ASO will give you one complementary gift certificate valued at \$12 which you may redeem for one free adult ticket to a future performance! See the "news" section of the Mission Viejo HOA web site or the ASO web site at <http://www.aurorasymphony.org> for details.

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FREE Recycling!!

Waste Advantage will be picking up recyclables for the first time in Mission Viejo on August 1. Recycling will be picked up every other week. If you would like a copy of the calendar, go to the Mission Viejo website and print one for yourself. There is a separate big yellow truck to pick up the recycling materials.

Do not put your recycling in plastic bags for collection. The materials should be loose, in the container you place at the curb. You should use a traditional recycling tub or have a recycling sticker affixed to the container you are using. The stickers should be visible to the driver on recycling day. Do **not** put the sticker on the lid!!

The "Single Stream" recycling is one of the advantages of using Waste Advantage for our trash service. The list of items that can be recycled is phenomenal! All of these Containers are acceptable: Plastic Bottles (marked with #1-7), Aluminum Beverage Containers (Foil, Pie Tins, Cans), Metal/Tin Cans (rinsed), Glass Bottles with a neck on them.

These are acceptable paper items: Newspaper (no plastic delivery bags), Flattened cardboard boxes (if there are a lot, tie them in a bundle), magazines, telephone books, office paper and junk mail, and flattened Paperboard (cereal boxes, dry foods, no plastic liners).

These items are UNACCEPTABLE: Plastic carry out containers, yogurt containers and plastic tubs, perfume bottles, lotion and shampoo containers, newspaper plastic bags, shrink wraps and grocery bags, aluminum foils, trays and non container aluminum, metal containers (paint cans, solvents and trays) and finally, glass or ceramics of any other kind other than bottles with a neck.

Other unacceptable items are: garbage, yard waste, paper or

containers in plastic bags, pizza boxes, Styrofoam packing materials, and other metals. With Waste Advantage, recycling is automatically included, so there is no longer any reason not to recycle. Mission Viejo will be doing their part in staying green, not only by having less truck traffic, but also by encouraging residents to recycle everything they can. We are lucky to have such an excellent trash service.

Recycling Calendar

Waste Advantage Inc. 303-695-5436

Recycling Calendar for 2008

The following are the weeks that residential recycling services will take place for your community, on the every other week schedule.

July 27 – August 7	October 19 – 25
August 10 – 16	November 2 – 8
August 24 – 30	November 16 – 22
September 7 – 13	November 30 – December 6
September 21 – 27	December 14 – 20
October 5 – 11	December 28 – 31

Holidays

The dates listed below are the holidays that will be observed for 2008. If the Holiday falls on your day of service, or before it in the week (i.e. Monday Holiday) then pickup will be delayed by one day for that week only.

September 1
November 20
December 25



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Free Teen Services List Available

We offer a free teen services list for teens living in Mission Viejo. Our categories include: (B) Babysitting, (*) for Red Cross Certification for CPR; (P) Pet/House Sitting; (L) Lawn Care; and (S) Snow Removal. To be included, please call **Colorado Lasertype at 979-7499** and leave the following information: the **neighborhood you live in** (this is very important - we do 21 newsletters and need to know which one to place in), your age, phone number and the categories you would like included. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype. Thank you.

—Colorado Lasertype

The deadline for advertising is the 15th of the month for the next month's issue except for the Jan. issue which is Dec. 6th.

For more information, visit our website:

ColoradoLasertype.com

Shattering the Window Myths

There are a number of outdated beliefs about storms and windows safety that the Institute for Business & Home Safety would like to set straight. For instance: Open the windows during a storm to relieve the pressure that could build up and cause more damage. If you've never heard this advice before, don't pay any attention to it now. If you or someone you know believes it, read on for the IBHS's expert recommendations:



- Do NOT open windows during a storm. This doesn't relieve pressure—it just lets damaging wind and rain into your home.
- Tape does NOT protect your windows from flying debris. It might keep more of the glass together when impacted, but it will not keep it in place.
- Window film does NOT provide much protection from the impact of debris. It does, however, hold glass shards together when the window breaks. Also, some thicker "structural" film has passed the "small missile" test, which applies to things like gravel and similarly sized objects.

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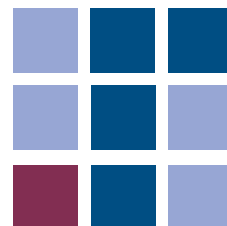
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Last month, Secure the Call held a press conference asking for community support. The response to the conference was immediate and substantial. Many citizens need a phone. In fact, we've received more requests for phones than we currently have available to give out. Far more.

For additional information on the program, prepaid mailing labels to mail in your old cell phones, or to download a tax receipt for your donation, please call 888-883-6628 or visit our website at www.donatemycellphone.org.



Smokers More Likely to Get Depressed

Smokers have a 41 percent higher risk of suffering depression than nonsmokers, say researchers at the University of Navarra in Spain. The scientists also reported that as smokers decreased their physical activity, they increased their tobacco use, which could be a contributing factor of the depression.

Website

Visit the Mission Viejo HOA website today. Register your email address so you can be personally updated about information relevant to Mission Viejo via our emailing service, find covenants, membership forms, a map of Mission Viejo, Mission Viejo history and more. Visit us at:

www.missionviejohoa.org



Let Your Anger Out When Fighting with Your Spouse

Most of us don't relish fighting with our significant others, but University of Michigan researchers say a healthy fight might be a good thing. The researchers looked at 192 couples over 17 years and found that when both people suppressed their anger after one partner felt unfairly attacked by the other, an earlier death was twice as likely than when both expressed anger or when one expressed anger and the other suppressed it. Other study results:

- When both partners suppressed their anger: 27 percent lost one partner to an early death; 23 percent both died early
- When one partner, or both, expressed anger: 19 percent lost a partner to an early death; 6 percent both died early

Suppressing your anger with brooding and resentment has both short-term and long-term consequences. Keep the lines of communication open and try to resolve rather than ignore your conflicts.

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