



MISSION VIEJO REPORTER

NEWS FROM THE MISSION VIEJO HOMEOWNERS' ASSOCIATION INC.

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August 2010

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Mediation for Our Library Issue and Other News

Yes, the date and time has finally been set – October 4th for a mediation session with the City regarding their breach of contract in the closing of the Mission Viejo library. While the community is understandably not happy to see this issue take so long to develop, I am personally glad to see us inch toward a possible solution to the City's ending of their promise of having library services at our facility for fifty years. We just hope the City will be able to mitigate the effects of their mistake. We will keep you posted.

In other news, our recreation survey has received numerous responses. Thank you for providing your input. Clearly the vast majority responding say they would like to see the recreation center remain a private recreation center first and foremost. Some of you said that if another use was contemplated that they wanted to have input and make sure there was a strong community benefit. Indeed as confirmed by the City's planning and zoning department, the property must remain as a recreation center since it's part of our General Plan, and any proposed changes need to be approved by the City's Planning Commission and City Council. The HOA's attorney also sent a letter to the broker of the property informing him of this public use restriction and to disclose this to all potential buyers.

In the meantime, the Aurora Residents for Recreation, an Aurora City Council sanctioned and City funded task force, has come up with some ideas for potential new recreation centers. It's assumed that the new recreation centers will be funded by a future referendum measure. Yet the proposed new locations for our area do pose potential impacts for our community and our private recreation center which is now for sale. Two locations have been proposed for our area. They are at Vassar and Telluride (about 2 miles northeast) and an alternative option of having the City buy the empty field off of Quincy Road (near Lowes and Chase Bank) south of our neighborhood. While it appears that the Vassar and Telluride location may be their first choice (which would be less of an impact), we need to ask, how much would a state-of-the-art recreation facility, subsidized by yours and mine tax dollars, have on our privately run recreation center business in Mission Viejo? The proposed new recreation center locations are perhaps in too close a proximity to our existing Mission Viejo recreation center. The new center may cause some illegal problems since the government would be in direct competition of a private enterprise. Who could operate and compete fairly with these government supported facilities being so close? Having this facility, in particular the Quincy location, could greatly devalue our recreation center's property value and cause a negative impact on our community by again resulting in the possibility of a large and empty building in the community for an eternity.

continued on page 2



Q & A on Neighborhood Foxes

Don't forget at our August HOA Board meeting, Aurora Naturalist **Mary Ann Bonnell** from the Morrison Nature Center who will give a quick Q&A talk on foxes as our special guest. That's August 17th at Holy Love Lutheran Church, 4210 South Chambers Road, starting at 6:30 p.m. (Please enter the building via the Chambers Road entrance. Thanks!).

Newsletter Routes Available

Would you like to join a great group of volunteers in the neighborhood? Would you like to go for a walk once a month and get some exercise and at the same time help the neighborhood save about \$300? Then this is the job for you. Presently there are two newsletter routes available. Each of them has about 60 houses on the route. One route is located by Princeton Avenue. The other route is near Olathe and Ithaca streets. You don't have to live in those neighborhoods to take the routes, but it is nicer when you are walking around the little area in which you live. Many of the carriers drive to the location and then deliver the newsletters.

Since we are soliciting volunteers for this position, we would like to thank the volunteers who are presently delivering newsletters. They are: **Dee Klaus, Ron Dunlap, Sean Ratchford, Charlie and Dorcas Hunsucker family, Dala Giffin, Shauna Deeble, Clarence Fuhrer,**

continued on page 3

Music in the Park – Labor Day Weekend!

Our annual Music in the Park event will be Saturday September 4th in Los Niños Park (just south of the elementary school). Bring your family and a picnic for a musical evening featuring the brass quartet of the Aurora Symphony Orchestra. Two pairs of season tickets to the Aurora Symphony Orchestra will be randomly given away at the event! The music will begin at 5:30 p.m. Like our June event, please remember that since this event takes place behind Mission Viejo residences please be respectful of their property. Please walk to the event if possible via the greenbelt. If you do need to bring your car we ask that you park along Alicia Parkway. Thank you.

Next HOA Meeting
Third Tuesday
August 17th • 6:30 p.m.
Holy Love Lutheran Church
Everyone is Welcome!

Library Issue and Other News, *continued from front page*

There is a simple solution, if the City proposes to build and operate state-of the art recreation centers, which some of us would like to see, why not buy our existing recreation center property? This would be a much more economical and sustainable solution that would be "greener" and provide lots of LEED certification points. Not only that, but the recreation center property has plenty of expansion room and is right next to the city's existing Fire Department (a real plus for emergencies). It's simple, and everyone wins. I urge you to write and contact the Aurora Residents for Recreation task force (<http://www.arrtf.com>) and City Council and let them know that if our former Heartwood recreation facility is still for sale, it must be purchased rather than their other proposed locations. We have suggested this several times to the task force but it's clear that they will not change their mind until they hear from more Mission Viejo residents. A new government run facility too close to us would unfairly compete for recreation services provided by private enterprise and would create a negative impact to our recreation center property and our community. If the City still insists on a new recreation center in close proximity to us, then the City must find a solution to compensate us for our community's impacts and potential damage to our general plan. Please let the task force and the City know that this recreation center would affect our community and they need to initiate a dialog with the community about it soon.

— Todd McMahon, Mission Viejo HOA President

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Neighborhood Watch

Tom Tobiasen, neighborhoodwatch@missionviejohoa.org

Welcome Committee

Tricia Roush, welcome@missionviejohoa.org

WEBSITE

www.missionviejohoa.org

webmaster@missionviejohoa.org

The Mission Viejo Homeowners' Association Inc. is a state non-profit organization. The purpose of the Mission Viejo HOA is to unite the unit owners of the Mission Viejo subdivisions in Aurora, Colorado; to encourage civic improvements within said area, to encourage community activities including, but not by way of limitation, the beautification, maintenance, and general appearance of vacant and improved lots, streets, parkways, entrances, open and recreational areas situated within the area and used in common by its residents; enhance the safety of Mission Viejo; facilitate enforcement of any and all building restrictions, protective covenants, and to otherwise act in the interests of the members of the Association.

The deadline for articles and advertisements is the 15th of the month for the next month's issue except the Jan. issue which is Dec. 6th. **All articles must be approved by the editor for publication, or as space permits.** To submit an article, e-mail an attachment to Todd McMahon at president@missionviejohoa.org. All letters or articles need to include your name and daytime phone number. All articles must be approved by the Board for publication, or as space permits.

To place an ad, call Colorado Lasertype, **303-979-7499** or e-mail getinfo@ColoradoLasertype.com • www.ColoradoLasertype.com

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National Night Out August 3rd

The City of Aurora and the Mission Viejo Neighborhood Watch Committee would like to invite you to participate in our neighborhood's observance of National Night Out, Tuesday, August 3, 2010. City of Aurora Police will be traveling throughout neighborhoods in Aurora extending their hand to help fight crime and stay alert with community involvement.

NATIONAL NIGHT OUT is designed to:

- Heighten crime and drug prevention awareness;
- Generate support for, and participation in, local anticrime programs;
- Strengthen neighborhood spirit and police/community partnerships; and
- Send a message to criminals letting them know that neighborhoods are organized and fighting back.

Newsletter Routes, continued from front page

Lois and Jerry Kiefer, Marti Kuntz, Amy McDonald, Helga Manna, Jacqui Blasdel, Chris Hammeren, Sandy and Steve Weiner, Andrea Niernberger, John Dubler, Sharon Wolseth, Christina Valdez-Lount, Mike and Kerry Cushing, Nancy Miani, Darin and Jeanine Payne family, Dan Miller, Dena and Tyler Appleton family, Lori Underwood and Elaine Lay. If you would like to become a newsletter volunteer, please call **Elaine Lay** at **303-699-0657** or email at elainelay@comcast.net.

Host A Block Party In Mission Viejo

You can participate by having you and your neighbor host a block party. Invite all your neighbors to get together and have some fun and join in to watch out for each other to prevent crime!

Block parties are simple to plan and the Aurora Neighborhood Liaisons, a division of Neighborhood Services Department, are ready to help every step of the way. They will work with the Police, Fire and Public Works departments so residents can temporarily block off their streets for the festivities. The Neighborhood Liaisons have ideas and tools to help make your party a success.

Free barricades are available from the Neighborhood Liaisons' office on a first come, first serve basis, and do require a \$75 refundable deposit. A permit is required if the event is held in the street or on a cul-de-sac. Apply online at www.auroragov.org/liaisons and click on "Block Parties." Applications are available on the city's website now through September 30. To help with your party, Safeway coupons are available to help with ice and paper products. Have questions? Call the Neighborhood Liaisons at **303-739-7287** or **303-739-7402** or go to www.auroragov.org/liaisons for more information.

Summer Concert: Western Flyer

**AUGUST 5, 6:30 TO 8 P.M. MEADOWOOD PARK
3054 S. LAREDO ST. AURORA 80013**

As a part of City of Aurora's 24th annual Banks in Harmony summer concert series, the country western sound of Western Flyer will play at Meadowood Park (just north of Mission Viejo). Admission is free, and food is available for sale on site from Helga's Restaurant, Jim 'N Nick's BBQ and Cold Stone Creamery. Banks in Harmony is sponsored by the Aurora Chamber of Commerce, 1st Bank of Aurora, Citywide Banks, City of Aurora Cultural Services Division, Aurora Visitors Promotion Advisory Board, Wells Fargo Banks, Studio 1430 KEZW, the Aurora Sentinel and Aurora 8. The sound is provided by Wave Audio-Visual. In case of inclement weather, call **303-344-1500** after 3 p.m. on the day of the concert for information on cancellations. Contact **303-344-1500** for more information.

Looking for More Barcelona Wall Spruce-Up Volunteers

The Board of Directors recently approved the purchase of two more sets of metal signs to replace our old acyclic letters for two more Barcelona walls in our neighborhood. Before we can install the letters however, we need to assemble volunteers to help paint, scrape and clean the wall surfaces. The specific date has yet to be determined but will likely occur within the next few weeks. If you are interested in helping, please contact **Todd McMahon** at **303-817-6932** or via e-mail at president@missionviejohoa.org.

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Rebate Makes Solar Hot Water System Affordable

The city of Aurora, in partnership with the Governor's Energy Office, is offering a rebate for solar hot water heating systems for homes and businesses, which can reduce the monthly cost of heating water by 50 to 80 percent.

Residential property owners in Aurora can receive up to \$3,000 while commercial property owners can receive up to \$15,000 depending on the size and cost of the system.

The rebates, available through April, are funded from stimulus funds dispersed to the city of Aurora from the U.S. Department of Energy as part of the American Recovery and Reinvestment Act of 2009.

A solar hot water heating system uses solar energy instead of gas to heat the water used in a home or business. The system works on the same principle of solar electric systems – with panels collecting the solar energy – but the energy is turned into heat instead of electricity.

The amount of heat delivered by a solar hot water system depends on the amount of heat delivered by the sun in a particular location. All systems include a backup energy source (usually electricity or gas) that is activated when the water in the tank falls below a specified minimum temperature so that hot water is always available. In many cases, if the initial costs of the system are properly financed, the total monthly cost of solar heat can be less than conventional types of hot water heaters. For more information about solar hot water heat systems, visit www.energysavers.gov.

For more information on the city of Aurora's complete list of rebates and incentives, call 303-739-7675 or visit www.aurora.gov.org/rebates.

Sister Community Spotlight – Highlands Ranch

Shortly after starting Mission Viejo Aurora, the Mission Viejo Company in 1978 acquired real estate purchasing options on the large 22,000 acre tract of land known as Highlands Ranch. This large ranch was owned by a series of wealthy landowners including **John W. Springer**, a man with a background in politics, banking, and law; **Lawrence Phipps, Jr.**, a former owner of the Denver Broncos; and lastly by **Marvin Davis**, entrepreneur and



businessman. The ranch house, which is still present in the community, is noted for its castle-like exterior façade. This listed National Register mansion was made famous for being the central house for the popular nighttime, Denver based, soap opera TV-drama, "Dynasty."

Relying on their experience in Mission Viejo California and Mission Viejo Aurora, the Mission Viejo Company created the master-plan for Highlands Ranch. The plan is still being fulfilled today by Shea Homes Inc. which succeeded and bought out the Mission Viejo Company in 1997. Today, Highlands Ranch has a population of over 91,000, with 29,309 homes and 3,305 apartment units.

The first few filings were the only ones that were actually built by the Mission Viejo Company. The Northridge area (just

continued on page 5

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Highlands Ranch, *continued from page 4*

off Broadway and Northridge) had models which were slight modifications on the popular series of homes in Mission Viejo, Aurora. The "Groves" series was very similar to the "Summit" series in Mission Viejo, Aurora. The "Stoney Point" series was a modified from the "Willowood" series in Mission Viejo, Aurora. Other areas of Highlands Ranch were planned by the Company but were built by other builders under Mission Viejo Company's guidance, something that they pioneered and tested in our neighborhood with French Creek townhomes, Southlight and Quincy Creek. Initial homebuyers of Highlands Ranch were directed to Mission Viejo, Aurora to show prospective buyers that the Mission Viejo Company was committed to creating great communities. For a time, Highlands Ranch buyers came to the design center located next to our recreation center (Heartwood).

Governance in Highlands Ranch differs greatly from Mission Viejo, Aurora. Major streets, water drainage, parks and trails are managed by the Highlands Ranch Metropolitan District. The Highlands Ranch Community Association (Mission Viejo HOA's big sister) is a mandatory non-profit homeowner's association dedicated to covenant control, organizing community events and operating four state-of-the-art recreation centers. Additionally, the Community Association has two sub 501c3 organizations, one dedicated to cultural affairs, (arts, sculptures, history, museum etc.) and the other a scholarship program for youth attending schools in Highlands Ranch. If you have never spent time in Highlands Ranch, tour the neighborhoods. Mission Viejo, Aurora and Highlands Ranch share many unique connections.



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Home Maintenance Tips – Choosing the Right Contractor for Major Renovations

Thinking of remodeling your Mission Viejo home? If so, there are many things you should consider. Take time to screen your architect/designer (if applicable to your project) and contractor, planning your project from start to finish, and taking simple precautionary steps. It is possible that the entire process can be painless and satisfying (and even fun!) for everyone involved.

The first step is to determine if any assistance is needed with design. Ask yourself why the decision is being made to do the work and what need is driving the decision. Generally, when adding square footage, the services of an architect or a good designer are a must. Most building departments require drawings that show the footprint of the existing structure, and details indicating how the addition relates to the existing building. Even though some general contractors offer this service, if you're adding a significant amount of space, it is a good idea to hire an architect experienced with modern and contemporary design in order to preserve the lines of your home. Sometimes an engineer may be required to calculate loads for large projects.

Always check portfolios and references. Bear in mind that usually someone other than the design expert built the final product that is represented in the portfolio. Therefore it is a good idea to contact the contractor and homeowner involved if you have further questions.

When budgeting for a project, it is important to have two budgets in mind: the target budget (the optimistic number) and a contingency budget. If significant changes in design occur during construction, the impact can significantly delay the project as well as increase job costs well beyond the target budget (and possibly the contingency budget). With that in

mind, try to make the big decisions before signing an agreement. If construction under contract begins and changes occur, get those changes documented as an addendum to the original agreement.

The process of selecting a contractor is best done by personal referral and inquiring with the State License Board for complaints and license status: <https://www.doradls.state.co.us/alison.php>, the City of Aurora Business License Lookup: <http://apps.auroragov.org/apps/businessverification/businessverification.cfm>, and the Better Business Bureau for reported complaints and how they were resolved: <http://denver.bbb.org/>. Also important in selecting a contractor is job pricing and by judging your level of comfort with the contractor. Having a contractor referred by friends, neighbors, and relatives is a very good method of screening.

As far as pricing goes, as a general rule the lowest price is not often the best deal, and the highest price is not necessarily equivalent to the best quality of workmanship. Of course, there are always exceptions to generalizations. When checking references, ask about quality of work, fairness of pricing, if there were any unexpected delays (and why), and how conscientious the contractor and his/her employees were as far as making the project as comfortable as was practical.

Lastly, one should feel comfortable having the contractor and employees around their house. After all, the crew will be around there quite a bit – so it's best to choose a contractor that you feel comfortable around. Both the contractor and homeowner ultimately share the same goal: to have the project go quickly and smoothly. Careful planning, diligent research, deliberate decisions, and keeping a good professional demeanor throughout the construction process will ensure the best likelihood of a successful and satisfying experience for everyone involved.



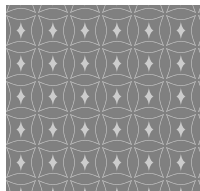
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Help Save Mission, Help Save the Planet!

Did you know that Mission Viejo residents participating in our program recycle an average of 13 tons (or 26,000 pounds) of recyclables each month? That's a lot of material we are saving from our landfills, which ultimately reduces our impact on our planet!

Enroll in our Mission Viejo Membership/Trash Program today! Having one service in the neighborhood saves wear and tear on our streets and improves traffic noise and safety. By participating in this program, Mission Viejo residents help secure the resources of our organizations and maintain the high value of their homes. Sign up today via the web at <http://www.missionviejohoa.org/trash.htm> or fill out the sign-up coupon and mail it to Pro-Disposal Inc.. So, come on, save some money, and help your association protect and promote your most precious assets - YOUR home and YOUR community!

Smoky Hill High School – One of the Best

The annual Newsweek list of the best high schools in America includes Smoky Hill High School. The rankings are based on how hard school staffs work to challenge students with advanced-placement college-level courses and tests, according to the magazine.

Only 6 percent of all the public schools in the U.S. made the list, which is just over 1,600 schools. Smoky Hill High School is ranked at #485 nationally (and Colorado is 11th ranked). Smoky Hill is noted for its offering of both Advanced Placement and International Baccalaureate classes and has nearly 2,500 students.

Sister City News – Mission Viejo CA

From the Mission Viejo Dispatch, missionviejodispatch.com

Mission Viejo California City Council authorized the solicitation of bids for the renovation of the Marguerite Tennis Center, budgeted at \$3.7 million. A sum of over \$400,000 has already been spent for design work. The first phase will include demolition of the current clubhouse and its Marguerite parking lot. In their place will be constructed a new tennis building and shaded spectator seating. A nearby 'plaza' will also be added. Court lighting will be replaced and the existing courts will be resurfaced. The second phase will construct two new courts and remove one, for a net increase from seven to eight tennis courts. Grading will take place for additional parking. Bid add-ons will also be sought for landscaping, sewer improvements and site furniture.

The City has identified a contractor to install solar panels across 13,000 square feet atop City Hall. The project was originally estimated to cost \$1.4 million, but AAA Solar Electric submitted a proposal for \$585,000. Design and construction management will add \$50,000. AAA was the lowest bid among 4 qualified bidders. The solar installation is being paid from a federal stimulus grant of \$867,000 provided through the U.S. Department of Energy. The City expects to save \$2,400 in monthly electrical expense from the solar power, which would equate to a 22-year payback period. The estimated life of solar panels is between 20 and 40 years. Construction could be completed in November.

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— Henri Frederic Amiel



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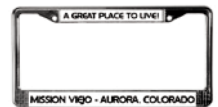
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Mission Viejo – Once Part of the Farming Community of Melvin

The space where Mission Viejo now occupies was once part of the farming community known as “Melvin.” The “town” was quite large (spreading from current Cherry Creek State Park eastward past Buckley Road). Melvin never had a formalized downtown area as it represented the name given to all the rural farmsteads and ranches in the area. The most well known building was the Melvin School. This one-room schoolhouse used to occupy land in what is today Cherry Creek State Park but in 1976 the school was moved and re-located on the grounds of Smoky Hill High School where it sits today. In 1984 the school was listed on the National register of Historic Places. The school is owned by the District and the non-profit group, the Cherry Creek Valley Historical Society, has run many programs there. For information about the Society write to Ms. Susan Knapp, Cherry Creek Valley Historical Society at 10313 Severance Dr., Parker, CO 80134.

Looking for that Special Gift? Try the HOA Shop

The HOA has a few select T-Shirts, golf shirts, bumper stickers and more. Please visit our website and click on the HOA Shop link. For every item purchased, the HOA receives a small rebate. So come on, show your community pride – let everyone know you Love Mission Viejo!



Cherry Creek Schools News – August 2010

For information about Cherry Creek Schools, visit www.CherryCreekSchools.org.

The Cherry Creek Schools Board of Education unanimously approved changes to transportation walk-in distances and school start and end times during its regular meeting on May 10. The final transportation maps are now available on the Cherry Creek School District website, along with the changes for school start and end times. You may also view our online Master Calendar for important dates for the 2010-2011 school year.

IMPORTANT DATES FOR 10-11

August 16th: First day of school, transitional calendars

August 23rd: First Day of school, traditional calendars.

August 13th: Creekside Elementary School

Fall Break, Oct 25-29, 2010

Winter Break, Dec. 20-31, 2010

(School resumes Jan 3, 2011)

Spring Break, March 28-April 1 2011

The district's four track, transitional and traditional calendars are available on the districts website.

Have a safe and fun summer and we'll see you in August!

Sleep: Get The Right Amount

Not getting enough sleep won't just make you tired and cranky. It may kill you prematurely, according to researchers at Warwick University (in collaboration with the Federico II University Medical School in Naples, Italy).

The study, which tracked more than 1.3 million people for as long as 25 years, found that people who sleep for less than six hours a night were 12 percent more likely to die prematurely than those who get the recommended six to eight hours of shut-eye.

On the other hand, sleeping too much isn't necessarily healthy either. Sleeping more than nine hours a night doesn't seem to increase risk of death by itself, but the researchers found excessive sleeping patterns to be a significant marker of serious illness.

Alzheimer's Disease: Facts and Figures

From 2000-2006, deaths from Alzheimer's disease increased 46.1 percent, while deaths from stroke, prostate cancer, breast cancer, and HIV all declined. According to the Alzheimer's Association, approximately 5.3 million Americans have Alzheimer's. It's the seventh leading cause of mortality in the U.S. and costs the country \$172 billion a year.

The Alzheimer's Association warns that African-Americans and Hispanics are at a higher risk for developing the disease, but they're less likely to receive a diagnosis. Health conditions such as high blood pressure and diabetes, which are more prevalent in African-American and Hispanic communities, may increase the risk of Alzheimer's.

Snacks That Won't Undermine Your Diet

You're hungry, but you're trying to lose some weight and snacks are a bad idea. Right? Actually, a healthy snack can support your diet by making you less likely to binge at your next scheduled meal. Better yet, you don't have to limit yourself to endless snacks of carrots and rice cakes. Here are some ideas for satisfying, low-calorie hunger stoppers:

- Sliced bananas and fresh raspberries (1 cup)
- Air-popped popcorn (3½ cups)
- Peanuts (2 tablespoons)
- Olives (5)
- Hummus (1/4 cup, with 4 carrot sticks)

From Mayo Clinic's website comes these suggestions for quick, healthy meals when you don't have time for anything elaborate:

- Toast half of a whole-wheat English muffin and top it with a slice of Canadian bacon, a slice of tomato, and a slice of low-fat American cheese, and microwave it until the cheese has melted.
- Spread half of a small cinnamon-raisin bagel with one tablespoon of part-skim ricotta cheese and top it with a few thin slices of apple.
- Take one flour tortilla (6 inches) and sprinkle two tablespoons of shredded low-fat cheddar cheese or Monterey Jack. Microwave until the cheese melts, and cut the tortilla like a pie. Eat with salsa.



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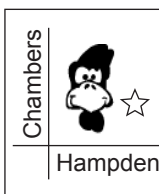
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Get Started On Reading To Your Kids

Reading to your children should start early. Really early. The American Academy of Pediatrics recommends starting as soon as your children are born.

Reading stimulates brain development and language skills, as well as fostering a closer emotional bond between parents and children. Remember these tips:

- Read widely. Infants respond to voices around them, so start out by reading anything that's handy – sports pages and cookbooks will do, as well as very simple picture books.
- Ask questions. As your child grows older, get him or her involved. Ask them what they think will happen next, or why a character behaved that way. You'll start teaching some basic critical thinking skills, and you'll make the experience more enjoyable.
- Read every day. Make reading a regular activity. Don't just limit it to bedtime. Bring a book with you to doctor's appointments and the store so you can read while waiting.

*"It is not wrong to be different.
Sometimes it is hard, but it is not wrong."*

— Elizabeth Moon

National Safe at Home Week, August 23-27

More people are injured in and around home than at the workplace, and studies have also shown that the costs to both employees and employers from home injuries are higher than work-related injury costs. *Sponsored by Safe At Home, www.safeathomeonline.com, a safety professional and emergency response provider to protect families and their quality of lives by preventing injuries at home.*

Numbers To Remember

ACCESS Aurora, 303-739-7000:

Code Violations, Barking Dogs, etc.

303-739-6063: Graffiti Hotline

303-627-3100: Police & Safety Issues (Police Dispatch)

303-326-8288: Animals at Large (Impound)

www.ext.colostate.edu: Landscaping information

(click on Horticulture, Fact sheets)

303-739-7900: Single Family Rehabilitation Loan Program

(financial assistance for qualifying homeowners
for necessary home repairs)

303-739-7900:

HOAP (Home Ownership Assistance Program)

Teen Services

To add your teen's name, please call **Colorado Lasertype** at **303-979-7499** and leave the following information: the **neighborhood you live in**, your age, phone number and the categories you would like included. Categories: **(B)** Baby-sitting * Red Cross Cert. for CPR **(L)** Lawn care **(S)** Snow removal **(P)** Pet & House sitting. No recommendation or endorsement of any of the names on this list is implied or stated by the homeowners association board or Colorado Lasertype.

Megan B.	13	B*/P	303-699-9031
Brooke B.	16	B*/P	303-995-2758
Phoenix C.	14	B/P	720-379-6192
Trevor D.	13	P/L/S	303-557-8853
Christyna G.	16	B*/P	720-785-0272
Joshua J.	15	L/S	720-224-6591
Shay P.	12	B*	720-971-7133
Sara S.	15	B/P	303-518-8140
Emma	16	B/P	303-997-4873

National Water Quality Month

Drinking plenty of water is essential to your health, especially on hot summer days. Water plays a vital role in our body's well-being, and maintaining the cleanliness and quality of our drinking water is an ongoing concern. For more information on water quality, go to the Water Quality Information Center website.

How Much Would You Spend On A Pet?

Americans love their pets. In 2009, according to a survey by the American Pet Products Association, we spent about \$45 million on food, veterinary care, and supplies for our cats, dogs, and assorted animal companions – in the middle of a recession. In 2001, we spent about \$28 million.

Americans own some 77 million dogs and 94 million cats, and the percentage of pet owners has grown over the past two decades. Fifty-six percent of U.S. households owned a pet in 1988, but 62 percent reported owning a pet in 2009, and more than half said they considered their pets to be members of the family.



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| • Health Care | • Music | • Recreation |
| | • Painting | |

Call us to ask how to get added to one of the categories above!

303-979-7499

Visit our website for advertising information, ad rates, a map of the HOA newsletters we publish and details about our graphic design services.

www.ColoradoLasertype.com

CLASSIFIEDS

Classified ads are \$3.70/line for 2010. Call **Colorado Lasertype** at 303-979-7499 to place an ad. To view our display ad prices, visit our website at www.coloradolasertype.com. The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th.

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"I finally realized that being grateful to my body was key to giving more love to myself."

— Oprah Winfrey

"Success doesn't come to you. You go to it."

— Marva Collins

"I do not know anyone who has gotten to the top without hard work. That is the recipe. It will not always get you to the top, but it will get you pretty near."

— Margaret Thatcher

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- Cardiovascular Cath Lab
- Cardiovascular Services
- Coronary Artery Calcium Scoring
- Diabetic Education Program
- Diagnostic and Imaging Services
- Digital mammography
- Endoscopy Suites
- Family to Family Adoption Support Program
- Gastroenterology
- General Surgery
- Genetic Counseling
- Hospitalists and Intensivists
- Intensive Care Unit (ICU)
- Intermediate Care Unit (IMCU)
- Interventional Radiology
- Laboratory
- Level III Emergency Department and Trauma Center
- Mild Traumatic Brain Injury Program (Concussions)
- Minimally Invasive Surgery
- Neonatal Intensive Care Unit (NICU Level IIIA)
- Neurodiagnostics
- Neurosurgery
- Nuclear Medicine
- Orthopedics
- Parker Adventist Center for Rehabilitation and Sports Medicine
- Perinatology
- PET/CT
- The Bariatric & Metabolic Center of Colorado
- The BirthPlace
- Total Joint Replacement
- Trio Breast Center
- Sierra Imaging Center: Outpatient
- Sleep Disorder Center
- Spine Surgery
- Stroke Program
- Well Baby Nursery

For more information on all of our services or to find a physician, go to **parkerhospital.org**

Parker Adventist Hospital



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