



MISSION VIEJO REPORTER

NEWS FROM THE MISSION VIEJO HOMEOWNERS' ASSOCIATION INC.

Community Calendar

Shred Day – May 4

Garage Sale Weekend – June 14 and 15

Dumpster Days – June 22 and October 5

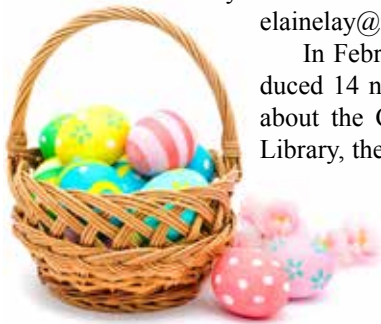
Holiday Hayride – December 7

2020 Annual Meeting – January 13, 2020

Watch for details and updates concerning these events in the newsletter next year.

Code Corner

This month's installment deals with trash. "It is the responsibility of the occupant and/or owner to have trash removed weekly, or more often if necessary. Trash service is required with a registered trash hauler. (In Mission Viejo, Pro Disposal is recommended as they return money to the Neighborhood and are a Colorado based company). Trash must be in an approved, secure trash container. Trash containers may be stored in the rear or side yard only, and must be screened from view from an adjacent street. Trash containers may not be placed in front yard or alley prior to 5:00 p.m. on the day before trash pickup and must be removed within 12 hours after pickup. Trash bags may not be set out until the day of trash pickup." As always, if there is an issue regarding a City Code please contact: Access Aurora 303-739-7000, or access@auroragov.org.



Mission Viejo HOA Meeting

April 1, 2019

6:30 - 8:00pm

Mission Viejo Library

April 2019

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March Board Meeting Notes

At the March HOA Board meeting we were pleasantly surprised by two guest visitors. Ryan Frazier and Omar Montgomery both joined us to introduce themselves to the Board. Ryan and Omar are two candidates for the Aurora mayoral election. Both will be invited back to an open question and answer event later this year. Additionally, two residents picked up their discount cards.

The Board agreed to submit an application to the City of Aurora for a beautification grant this year. We plan to improve the corners on either side of Chambers Way at Quincy Avenue. Work will include replacing rock, removing and/or cutting back junipers, cleaning out debris and taking out volunteer shrubs and other vegetation. The dates for the planned work are June 15 and August 3. Volunteers are being solicited and we expect work in these two areas to be much less strenuous than our last two beautification projects.

Due to some family and work issues, the Hunsucker family is going to have to step away from managing the newsletter delivery process later this spring. Cathy Bitzer has agreed to work with Dorcas and Zazi to take over this important task. The Board will work with Cathy and other volunteers to maintain the high quality of the newsletter distribution that we have seen from the Hunsuckers over the past years. If you are interested in helping with newsletter delivery, please contact Elaine Lay at elainelay@missionviejohoa.org.

In February and March (as of the first week) the Welcome Committee introduced 14 new families to Mission Viejo. Each new family received information about the City of Aurora, the Mission Viejo neighborhood, the Aurora Public Library, the Pro Disposal trash program, cookies and other small gifts.

The board finalized the dates for our first paper-shred date (May 4th), dumpster days on June 22 and October 5 and rescheduled the winter hayride to Saturday December 14. More details will follow on each of these events. Please stop by at a Board meeting (next one is April 1) to pick up your discount card and meet the members.

Volunteers Needed To Spread The Word!

In July of 2008 18 volunteers went door to door throughout Mission Viejo to promote a new trash service that would make a voluntary HOA possible in Mission Viejo. At that time the HOA was getting by on no more than \$10,000 a year. Those volunteers visited every household in Mission Viejo to promote the trash service. At that time it was necessary to have 500 residents participating in the program to have Waste Advantage give the neighborhood \$2.00 a month for each household that participated in the trash service. Then Waste Advantage was sold and that is when Pro Disposal stepped up to offer the same deal to the neighborhood. By September of 2009 775 residents had signed up to use Pro Disposal as their trash service and the HOA became a solvent program for our neighborhood.

In 2008 the dues to belong to the HOA were \$50 a year. After Pro Disposal became the primary trash service in Mission Viejo, the voluntary dues for the HOA was reduced to \$30 a year. Now the HOA budget for 2019 is around \$22,000 a year. This amount is based on approximately 1/2 of the neighborhood participating in the trash service or paying voluntary dues. With \$44,000 a year the services that the HOA could provide to the neighborhood would double.

continued on page 3

What Not to Do When Coaching

Coaching can improve employees' performance—as long as you don't make the mistake of telling employees what to do. A good coach directs but doesn't dictate. In particular, restrain yourself from these three basic coaching errors:

- Trying to fix employees' problems for them.
- Pushing your own ideas instead of helping employees develop theirs.
- Positioning yourself as the "expert" and reminding employees that you know more than they do.

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Mission Viejo HOA Board of Directors



MISSION VIEJO
HOMEOWNERS ASSOCIATION, INC.
AURORA, COLORADO



Mission Viejo Hotline: 720-443-0HOA (720-443-0462)

President – Dave Goss..... DavidGoss@missionviejohoa.org

Vice President – Brenda Tompkins..... BrendaTompkins@missionviejohoa.org

Secretary – Barb Ferris..... BarbaraFerris@missionviejohoa.org

Treasurer – Fiona Biggs..... FionaBiggs@missionviejohoa.org

Volunteer Coordinator – Elaine Lay..... ElaineLay@missionviejohoa.org

ACCESS AURORA

303-739-7000

Aurora Police Dept. Neighborhood PAR Officer

Jeremy Jenkins

303-627-3172, jjenkins@auroragov.org

MISSION VIEJO TRASH PROGRAM

Pro Disposal, Inc., 303-791-3827

MISSION VIEJO HOMEOWNERS ASSOCIATION, INC.

4255 S. Buckley Road, #110 • Aurora, CO 80013-2951

COMMITTEES

Neighborhood Watch

Tom Tobiassen, neighborhoodwatch@missionviejohoa.org

Welcome Committee

Heather Tyrell, Connie Bays & Elaine Lay, ElaineLay@missionviejohoa.org

WEBSITE: www.missionviejohoa.org

webmaster@missionviejohoa.org

The Mission Viejo Homeowners' Association Inc. is a state non-profit organization. The purpose of the Mission Viejo HOA is to unite the unit owners of the Mission Viejo subdivisions in Aurora, Colorado; to encourage civic improvements within said area, to encourage community activities including, but not by way of limitation, the beautification, maintenance, and general appearance of vacant and improved lots, streets, parkways, entrances, open and recreational areas situated within the area and used in common by its residents; enhance the safety of Mission Viejo; facilitate enforcement of any and all building restrictions, protective covenants, and to otherwise act in the interests of the members of the Association.

Appearance of an advertisement in this publication does not constitute a recommendation or endorsement by the Association of the goods or services offered. The opinions expressed in this newsletter are those of the individual authors and not the Board of your Association. Neither the Board, publisher, nor the authors intend to provide any professional service or opinion through this publication.

News Articles

The deadline for news articles is the 15th of the month before the next month's issue. Please email news articles to Mary at:

reporter@missionviejohoa.org

All letters or articles need to include your name and day-time phone number. All articles must be approved by the editor for publication, or as space permits.

Advertising

The deadline for advertisements is the 15th of the month for the next month's issue, except for the Jan. issue which is Dec. 6th.

To place an ad, call Colorado Lasertype, 303-979-7499.

Email: getinfo@coloradolasertype.com To find ad rates and discounts, go to www.ColoradoLasertype.com and click on the "Advertising Rates" link.

Mission Viejo Discount Cards

If you have not yet picked up your 2019 discount card, please contact us by email (President@missionviejohoa.org) or come to an HOA Board meeting to pick one up. You don't have to stay for the whole meeting. We meet on the first Monday of each month at 6:30 p.m. at the Mission Viejo Library.

What's Recyclable and What's Not?

In each list of 10, there are 4 items that you cannot recycle with trash pickup. Information from Pro Disposal. See answers on page 4.

- | | |
|--------------------------------|-------------------------------------|
| 1. Styrofoam | 1. Mixed Paper |
| 2. Plastic Bags | 2. Steel and tin cans |
| 3. Newspapers | 3. Plastic forks, spoons and knives |
| 4. Pie tins | 4. Aluminum foil |
| 5. Phone books | 5. Oil |
| 6. Detergent Bottles like Tide | 6. Corrugated Cardboard (Flattened) |
| 7. Glass bottles and jars | 7. Plastic Milk Jugs |
| 8. Plastic Egg Cartons | 8. Six Pack Holders |
| 9. Ceramics | 9. Cereal and Tissue Boxed |
| 10. Batteries | 10. Pyrex Containers |

Volunteers, *continued from front page*

This is the reason that we are going to have another door to door campaign to promote the trash service or the payment of voluntary dues. Presently there are 10 people who have volunteered to visit approximately 1,000 homes. It would be ideal to have another 10 people volunteer to help with this project. If you volunteer, you will be provided with all the materials you need to inform residents about the trash program and the HOA benefits to the neighborhood. Please contact ElaineLay@missionviejohoa.org if you would like to help out!

Get Ready for Spring! Beaver Stump Grinding & Tree Service

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9Health Fair Is 40 Years Old

Colorado's 9 Health Fair program; is celebrating its 40th Anniversary this year.

9HealthFair is coming again to Columbine United Church, 6375 S. Platte Canyon Road. The fair will be held Saturday April 13, 2019 from 7:00 a.m. to noon. The Chemistry Panel, PSA, Vitamin D, Hemoglobin A1C, and Blood Cell count are being offered as well as Testosterone and Vitamin B12. New this year will be High Sensitivity-CRP (help measure your risk of developing cardiovascular disease) and Blood Type. The blood tests and the Colon Cancer screening test are the only items that will cost anything. All the other tests and screenings are free, including: Height, Weight and BMI, Vision checks, Oral exams, Blood Pressure, Breast, Skin, Stress Management, and Pulmonary Function. There will also be informational areas on various health issues.

The 9HealthFair website, www.9HealthFair.org will become active early February for anyone to register to participate or volunteer. Volunteers are rewarded with a 20% discount on Lab tests. 9Health Fair's main purpose is: "promoting health awareness and encouraging individuals to assume responsibility for their health." Anyone who wants more information about 9HealthFair can check the above website. Congratulations 9HealthFair!

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Answers to Recycling Lists

List 1 (Plastic bags, plastic egg cartons, ceramics and batteries are not recyclable. Plastic bags can be turned into the grocery store where they will become part of Trex materials)

List 2 (Pyrex containers, Plastic forks, spoons, and knives, oil and 6 pack holders are not recyclable)



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Avoid Alzheimer's With These Tips

Alzheimer's disease is the sixth-leading cause of death in the United States and the only one in the top 10 that cannot be prevented, treated, or cured. However, growing evidence indicates that people can reduce their risk of cognitive decline by making key lifestyle changes. From the Alzheimer's Association come these tips for keeping your mind healthy as you age:

- **Break a sweat.** Engage in regular cardiovascular exercise that elevates your heart rate and increases blood flow to the brain and body. Several studies have found an association between physical activity and reduced risk of cognitive decline.
- **Hit the books.** Formal education in any stage of life will help reduce your risk of cognitive decline and dementia. For example, take a class at a local college, a community center, or online.
- **Fuel up right.** Eat a healthy and balanced diet that is lower in fat and higher in vegetables and fruit to help reduce the risk of cognitive decline. Although research on diet and cognitive function is limited, certain diets, including Mediterranean and Mediterranean-DASH (Dietary Approaches to Stop Hypertension), may contribute to risk reduction.
- **Catch some z's.** Not getting enough sleep due to conditions like insomnia or sleep apnea may result in problems with memory and thinking.



Pizza & Drinks!

HAPPY HOUR SPECIALS

11am-6pm

Monday-Friday

~~~~~  
-Half price appetizers

-8oz. Bud Light can and  
any well shot for just \$4

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## Spring into the Library in April

- **Eggstravaganza** Saturday, April 13 at 10 a.m. Hop on over to the library to hunt for eggs and create a simple craft. Don't forget your basket!
- **Preparing to Hike** Saturday, April 27 at 1 p.m. Pete K.J., author of "Base Camp Denver: 101 Hikes in Colorado's Front Range" will be there to discuss everything you need to know about hiking. He has abundant photographs and will share some of his all-time favorite walks in the area.
- **Create: DIY Stamped Tote Bags** Wednesday, April 10 at 5 p.m. Create your own uniquely-patterned stamp and use it to decorate a tote bag.
- **Genealogy Roundtable** Saturday, April 27 at 10 a.m. Network with other genealogy enthusiasts to share information and ideas.
- **Skype with Amulet author, Kayzu Kibuishi** Thursday, April 18 at 4:30 p.m. The bestselling author and illustrator of the bestselling "Amulet" series will be Skyping and answering questions. Amulet fans of all ages are invited to this event!

Besides these special programs the **Short Story Book Club**, **Teen Book Club**, **Teen Comic Book Club** will meet in April. **The Adult Arting AND Coffee**, **Crafts and Coloring** will meet in April. **Teen Advisory Group**, **Anime Club**, **Dungeons and Dragons**, and **Table Top Gaming** will all meet once in April.

- For **Computer Tutoring** on Tuesdays at 5 and 6 p.m. call 303-626-6050 to reserve a time.
- **Career Speakers for teens** Tuesday, April 9 at 6:15 p.m. Matt, Lidar Mapping Tuesday, April 23 at 6:15 p.m. Maggie, Dance Arts Director

And last but not least, there are story times at 10:30 a.m. on Wednesday, Thursday and Friday!!

## National Lawn Care Month

It's the time of year when some of us get obsessed about the best way to mow, fertilize, and irrigate the grass. Find a neighbor to mentor so that the grass will remain green on both sides of the fence.


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 -Tammy

★★★★★  
 "We live in the SF Bay Area where we have pretty cool summers. But when we have a heat wave, sometimes for a week at a time, we have no way to cool our house. By running my QC just in the early morning and at night, my house stays comfortable all day. I am happy with my purchase. In hindsight, I should have installed it with the option of remote control. It would be convenient to turn it on and off from bed."  
 -Richelle

★★★★★  
 "We are pleased with the performance of the Quiet Cool whole-house fan. It is a lot quieter than the all-house fan we installed in our last home. Installation was much easier. We did not have to frame a hole in the ceiling of the hallway."  
 -John

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## The Story of the Mission Viejo Bridge Club

A long time ago (1983) in an area of Mission Viejo a group of stay-at-home moms decided they needed to have something to talk about besides soccer, cub scouts, school schedules, etc. so they enlisted a dear friend and neighbor to teach them how to play Bridge. It sounded so sophisticated at the time. Something the "real" grownups would do. Thus our Mission Viejo Bridge group started. In the beginning the majority of the players lived on South Lewiston Way, with a few from some blocks away.

Our children were toddlers to early grade school. On occasion we would set up the card table on the driveway in the afternoon and play a few hands while the kids enjoyed their own play time. We played in the afternoon once a month (did I mention food always was featured?); and once a month we played in the evening to accommodate those who worked outside the home.

Over the last 36 years players have moved away or simply dropped out. At this time three of the "original" members remain in the group. We play about twice a month. Our children have grown up and now have their own children, and many of the group are now retired but still try to play when able. Two times a month is sometimes hard to manage, but we get in our games as best we can.

I can't say that any in this group will be going on the Big Time Bridge tournaments, but it is surely our social support. In 36 years imagine how many life milestones have been experienced! The Bridge group is not the only neighborhood social

group in the neighborhood. I invite anyone else in a neighborhood in a book club, Bible study, sewing group, dinner club, etc, to tell the community about your group.

Oh, by the way, if any one would be interested in sitting in when we are short a player, let me know! Email Barb at barb.ferris517@gmail.com.

## Why Workers Want to Move

Would you move to another city for a new job? Lots of your co-workers would. According to a survey by Robert Half and Associates, 62 percent of employees said they'd relocate for the right position.

What would entice them to pull up roots and hit the road? Here are the top factors:

|                      |            |
|----------------------|------------|
| Better pay and perks | 44 percent |
| Personal reasons     | 17 percent |
| Cost of living       | 16 percent |
| Career advancement   | 16 percent |
| Weather              | 6 percent  |

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AURORA, COLORADO



and

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Once 775 participants are achieved, Pro Disposal, Inc. will pay \$2.00 for every paid participant per month to the Mission Viejo Homeowner's Association Inc.

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Classified ads are \$5.00/line (about 40 characters/line). Contact Colorado Lasertype at 303-979-7499 or [getinfo@ColoradoLasertype.com](mailto:getinfo@ColoradoLasertype.com) to place an ad. To view our display ad prices, visit our website at [www.ColoradoLasertype.com](http://www.ColoradoLasertype.com). The deadline for placing a classified or display ad is the 15th of the month for the next month's issue (i.e., 15th of Sept. for Oct. issue), except the January issue, which has a deadline of December 6th. Residents placing ads to sell household items are not charged a fee.

### National Park Week

April 20-28

There are at least 418 national parks in the United States. Take time this week to explore one of these beautiful places. Park admissions are free on Saturday, April 20, 2019. To learn about the National Park System or to find a park near you at <https://www.nps.gov/>

### Preservation Week

April 21-27

Libraries across the country will be working in partnership with communities and organizations to highlight efforts to preserve books, art, photographs, and other items of cultural significance

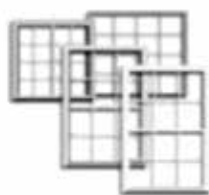
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## Construction to Begin on Iconic Red Barn at 17 Mile House Farm Park

The iconic red barn at Arapahoe County's 17 Mile House Farm Park will soon be stabilized and preserved with the support of a \$200,000 grant from History Colorado State Historical Fund. Construction on the \$320,000 project is slated to start this month, which will limit access at the park until fall 2019.

"The 17 Mile House Farm Park is not only a treasured part of the Arapahoe County Open Spaces program, it is an iconic and historic landmark in our community," said Commissioner Nancy Sharpe, District 2. "Completing the much-needed stabilization of the barn will allow the public to explore and experience this historic jewel – citizens can step back in time to experience the County's rich pioneer and agricultural traditions and history."

A significant portion of the park, including the barn, milking shed, east windmill, chicken coop and poultry yard will be closed to the public. Visitors will still have access to the 17 Mile House and the Cherry Creek Regional Trailhead, although parking will be limited. Visitors to the 17 Mile House and Farm Park should follow all closure signs, stay out of restricted areas and watch for construction traffic while exploring the park.

The 17 Mile House is the last remaining mile house in Colorado in its original rural location and setting. Originally, the house was a stopping point on the Cherokee and Smoky Hill Trails as gold seekers and settlers made their way west along these wagon routes.

The barn was constructed in the late 1870s. Over the years, time and the elements have taken a toll on the structure rendering the barn unsafe for public access. The grant - coupled

with matching funds from the Arapahoe County Open Space Sales and Use Tax and a donation from the Cherry Creek Valley Historical Society - will support foundation repairs, roof replacement, weatherproofing and reconstruction of the east brick wall of the structure. Once these improvements are complete, the barn will display farm equipment from the 1940s and 50s, be accessible for public tours, and support historical education events, and agricultural demonstrations from that era.

The Open Spaces department offers free monthly tours of the house, educates school groups and is the backdrop for the County's annual Fall Festival. In 2018, more than 30,000 people explored the historic property, which is listed on the National Register of Historic Places through the US Department of the Interior. The farm park also serves as a trailhead for the Cherry Creek Regional Trail, which serves more than 180,000 annual recreational and commuter trail users.

For more information about the 17 Mile House Farm Park or barn project updates, please visit [here](http://here).

## International Day of Sport for Development and Peace

April 6

Because sports can be a tool for social change, the United Nations has designated this as a day to promote participation in sporting events and teams for people throughout the world.

## MIKE'S LAWN AND GARDEN SERVICE

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- ✓ Flowers and gardens
- ✓ Fences

### Maintenance

- ✓ Mowing
- ✓ Fertilization
- ✓ Aeration
- ✓ Power Raking
- ✓ Trimming and edging
- ✓ Weeding
- ✓ Yard and gutter clean up

### Repair and Removal

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- ✓ Junk removal
- ✓ Fences
- ✓ Sprinklers

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